

SENIOR NEWSLETTER MAY 2016
MUNICIPAL AGENT FOR THE AGING/ SOCIAL SERVICES
EASTON SENIOR CENTER ALISON WITHERBEE 203-268-1137

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MONDAY – FRIDAY Hours: 9 AM to 2 PM

OUTREACH PAM HEALY 203-261-0289

Dear Friends,

I have a lot planned in the month of May so read on and if you have any questions please call me. Our *Healing the Heart* workshop ends May 12th and I think that all who attended truly benefitted from the insight, empathy and suggestions made by all of the participants. If you missed this one please let me know if you are interested in having another workshop in the fall. Below are the programs I have scheduled in May! And a **Happy Mother's Day** to all of you!

Senior Medicare Patrol Presentation May 10th from 10:45am to 12 noon

SWCAA Counselor Laurette Desrosiers will be talking about **The Senior Medicare Patrol Program** and its mission to help seniors protect themselves from becoming victims of healthcare fraud. Come hear about Medicare Fraud & Abuse, the Costs and Consequences of Fraud & Abuse and how you can **Protect, Detect and Report**.

Please call Alison at 203-268-1137 to sign up.

Living Wills & Advanced Directives May 11th from 10-11:30 am

Attorney Sharon Cregeen will discuss Living Wills and Advanced Directives. Living wills and other advance directives are written, legal instructions regarding your preferences for medical care if you are unable to make decisions for yourself. Advance directives guide choices for doctors and caregivers if you're terminally ill, seriously injured, in a coma, in the late stages of dementia or near the end of life. You can change your directives at any time. If you want to make changes, you must create a new form, distribute new copies and destroy all old copies. If you want a Living Will and Advanced Directive *please choose someone you trust to make these decisions as well as an alternate person who can act if the first person is unavailable*. Bring these names to the discussion and on **May 25th** you can review and sign these documents and take them home at no charge. Please call Alison at 203-268-1137 to sign up.

Medicare Savings Program Presentation May 19th from 10:45 am to 12 noon

Lisa Alhabal from SWCAA will be here to talk about the Medicare Savings Program (MSP) which is a benefit you may qualify for and pays for your Medicare part B premium. Come hear Lisa talk about MSP, the income limits for this program have recently changed and there are no asset limits!!!!

Please RSVP to Alison at 203-268-1137

Please, call Pam Healy to arrange a visit. She is a caring listener, and has valuable information about the social services programs and resources available to you. Pam is available to you with just a phone call 203-261-0289.

The Commission for the Aging meets Tuesday May 3rd, at 5pm at the ESC